

The Ultimate "Back-to-School" Checklist

One Month Before

- Get a copy of your child's school calendar and list down all the important dates in your planner or communal calendar
- Review the list of school supplies needed for the year ahead and create your own back-to-school shopping list
- Take stocktake of what school supplies you have left from the last term and remove them from your shopping list
- Make an appointment with your paediatrician and podiatrist for your child's annual check-ups

Three Weeks Before

- Complete your paediatrician and podiatrist appointments
- Begin your back-to-school shopping, order online in advance to make the workload easier
- Prepare your child's workspace for their study and homework

Two Weeks Before

- Ease your child back into their school schedule. Adjust their eating hours accordingly
- Make an appointment with the hairdresser for your child's cut
- Take your child to get fitted for their new uniforms
- Take your child shopping for their new school shoes
- If it's a new school or if your child is a first-timer, take them for a tour of the school so that they can locate their new classroom and other important areas

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One Week Before

- Have your child wear their new shoes around the house for a few hours a day to make sure they're comfortable and don't cause any pain
- Start planning your child's lunches and make a shopping list for their first week
- Take your child to the hairdresser for a trim and tidy up
- Check back through your back-to-school list and make sure that you have every item ready to go for their first day
- Start covering and labelling all of your child's books
- Sit and review the upcoming calendar with your child so that they know what to expect

Two Days Before

- Shop for your child's school lunches

The Day Before

- Prepare your child's bag with all the supplies they'll need for the next day
- Lay out their uniforms and new shoes for the next day
- Set the alarm for the first day!